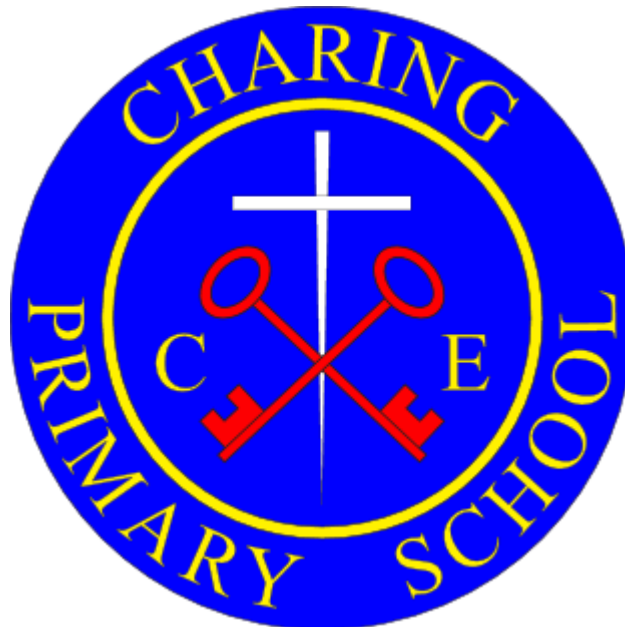


*...those who hope in the LORD will renew their strength.
They will soar on wings like eagles; they will run and not grow
weary, they will walk and not be faint.' Isaiah 40:31*

connect | nurture | aspire | learn | excel | hope



Charing Church of England Primary School

PE Changing policy

Document Information	Date/source of Policy	Responsibility
Date of review	September 2019	PE Leader
Date of new review	May 2021	
Date of Adoption	May 2018	

Our Vision - *As an inclusive community built on friendship and love, Christian values inspire us through faith in God and hope for the future. Everyone is empowered to recognise their God-given potential and to become lifelong learners. We work together to ensure we achieve our aspirations and encourage independence.*

Love Friendship Kindness Truth Hope

This policy is written in line with the General Data Protection Regulation.

Changing areas

Children should use designated single-gender changing rooms or areas. If there is no other option but for the children to get changed in the same room, furniture or screens should be used to provide separate areas. Children should be getting changed in separate areas by the time they reach 7 or 8 years old. Staff should be sensitive to children who mature at a much earlier or later stage than their peers. They should also make adequate and sensitive changing arrangements for children who have disabilities, different religions, beliefs and cultural background or gender identity. All pupils should be treated fairly and with respect for their privacy and dignity. Adults must always change privately; they must never be changing in the same space as the children.

Staff supervision

The school will make a judgement regarding what supervision is appropriate based on age and development needs. Adults shouldn't remain in the room whilst the children are changing to control their behaviour but they should be in close proximity and the children should be aware of this. If it is possible to leave the door open whilst the children are changing, this should be done. If an adult needs to enter a room whilst the children are changing, they must make the children aware so that they have the opportunity to cover up if they need to. Female staff should supervise girls and male staff should supervise boys, only if necessary. All adults should avoid standing in the changing rooms or walking in and out without good reason. Staff should make children aware of their behaviour expectations whilst they are unsupervised.

Pupils who need assistance with getting changed

If a child requires assistance when getting changed at school, the staff member should refer to the school's Intimate Care Policy. All staff should be aware of any intimate care issues for individual pupils. Parents should be made aware or contacted to make decisions which involve intimate care. Pupils should be

encouraged to be independent and staff should consider giving verbal help or encouragement before they offer physical assistance. Staff should be cautious when helping children with underclothes, tights and swimming costumes. Staff make each other aware when they are providing assistance to a child and it should be open and not out of sight of others.

Using off-site changing rooms

Staff should consider what safeguarding needs to be put in place to protect children when they are changing on other sites. Children shouldn't share changing rooms with members of the public. If necessary, the children should be allocated a set amount of time to get changed before the public are allowed in. Members of staff should only supervise pupils of the same gender. If changing areas are shared with another school, all members of staff from both/all schools should take this into consideration and produce a risk assessment together.

