

...those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.' Isaiah 40:31

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Charing Church of England Primary School **Positive Handling Policy**

'The use of Positive Handling to manage physically challenging behaviour.'

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Date of review	September 2019	SLT
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Source of policy		
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Our Vision - As an inclusive community built on friendship and love, Christian values inspire us through faith in God and hope for the future. Everyone is empowered to recognise their God-given potential and to become lifelong learners. We work together to ensure we achieve our aspirations and encourage independence.

Love Friendship Kindness Truth Hope

Positive Handling Policy

'The use of Positive Handling to manage physically challenging behaviour.'

Introduction

The policy has been developed in response to The Education and Inspections Act 2006, section 93, which reinforces, supersedes and replaces previous guidance.

It also takes cognisance of joint guidance issued by the DfES and Department of Health, and follows the guidance for "The Use of Force to Control or Restrain Pupils".

The policy should be read in conjunction with other school policies relating to interaction between adults and pupils.

The policy has been prepared for the support of all teaching and support staff who come into contact with pupils and for volunteers working within the school to explain the school's arrangements for care and control. Its contents are available to parents and pupils.

Objectives

Good personal and professional relationships between staff and pupils are vital to ensure good order in our school. It is recognised that the majority of pupils in our school respond positively to the discipline and control practised by staff. This ensures the well-being and safety of all pupils and staff in Charing CE Primary School. It is also acknowledged that in exceptional circumstances, staff may need to take action in situations where the use of reasonable force may be required. Charing CE Primary School acknowledges that physical techniques are only a small part of a whole setting approach to behaviour management.

Every effort will be made to ensure that all staff in this school clearly understand this policy and their responsibilities in the context of their duty of care in taking appropriate measures where reasonable force is necessary and are provided with appropriate training to deal with these difficult situations.

Implications of the policy.

The Education and Inspections Act, 2006, stipulates that reasonable force may be used to prevent a pupil from doing, or continuing to do any of the following:

- self-injuring
- causing injury to others
- committing an offence
- engaging in any behaviour prejudicial to maintaining good order and discipline at the school or among any of its pupils, whether the behaviour occurs in a classroom during a teaching session or elsewhere within the school (this includes authorised out-of-school activities).

As teaching and non-teaching staff work in 'loco parentis' and have a 'Duty of Care', they could be liable for a claim of negligence if they fail to follow the guidance within this policy. The use of positive behaviour handling techniques is one of our control methods for reducing risks presented by children's challenging behaviour.

The application of any form of physical control inevitably carries an attached risk of unintended harm and this places staff and the school at risk of potential litigation. It can only be justified according to the circumstances described in this policy. Staff, therefore, have a responsibility to follow the policy and to seek alternative strategies wherever possible in order to prevent the need for physical intervention.

Staff must be aware that they are responsible for:

- assessing risks (dynamic risk assessment) related to individual circumstances that may arise in the course of their day-to-day duties and
- making judgements about when the use of force is necessary and the degree of force which may be regarded as necessary to manage a situation.

Staff need to be aware that they are required to justify their decisions in writing through the recording and reporting procedures outlined later in this document.

Underpinning values

Everyone attending or working in this school has a right to:

- recognition of their unique identity;
- be treated with respect and dignity;
- learn and work in a safe environment;
- be protected from harm, violence, assault and acts of verbal abuse.

Pupils attending this school and their parents have a right to:

- individual consideration of pupil needs by the staff who have responsibility for their care and protection;
- expect staff to undertake their duties and responsibilities in accordance with the school's policies;
- be informed about school rules, relevant policies and the expected conduct of all pupils and staff working in school;
- expect IBPs to be designed to achieve outcomes that reflect the best interests of the child whose behaviour is of immediate concern and others affected by the behaviour requiring intervention;
- be informed about the school's complaints procedure.

The school will ensure that pupils are given support to understand the need for and respond to clearly defined limits, which govern behaviour in the school.

Use of Physical Handling

No legal definition of reasonable force exists however for the purpose of this policy and the implementation of it in Charing CE Primary School:

- Positive Handling uses the *minimum* degree of force necessary for the shortest period of time to prevent a pupil harming himself, herself, others or property.

- The scale and nature of any physical intervention must be proportionate to both the behaviour of the individual to be controlled, and the nature of the harm they might cause.
- Staff would be expected to follow the pupil's IBP in the first instance to manage an incident/challenging behaviour.
- Ensure a member of SLT has been informed to assist and guide events as appropriate
- The overriding consideration should still be the reasonableness and proportionality of the force used.

All techniques used take account of a young person's:

- Age
- Gender
- Level of physical, emotional and intellectual development
- Special needs
- Social context.

They also provide a gradual, graded system of response.

Where behavioural records and/or risk assessment identifies a need for a planned approach, plans (IBP) are written for individual children and where possible, these will be designed through multi-agency collaboration and, with parental consent, shared with other agencies/services supporting the child to facilitate consistency of approach as far as is possible.

Minimising the need to use force

At Charing CE Primary School School we constantly strive to create a calm environment that minimises the risk of incidents arising that might require the use of force. In addition to this, pupils who present with persistent challenging behaviour are assigned a key worker who will work in partnership with the SENCO and class teacher in supporting the IBP and associated behaviour targets.

Pupils who have issue relating to sensory dysfunction or other conditions that may result in increased anxiety levels, and therefore an increase in the likelihood of challenging behaviour, may have individualised support programmes to help them manage this.

Through the PSHE curriculum pupils learn about feelings and managing conflict, where this is appropriate to their level of development. The ethos further promotes independence, choice and inclusion; pupils are giving maximum opportunity for personal growth and emotional well-being.

All staff are trained in skills to help them to defuse situations before behaviour becomes challenging and how to de-escalate incidents should they arise. Reasonable force will only be used when the risks involved in doing so are out-weighed by the risks involved in not using force.

Prevention of unsafe behaviour will be enabled through:

- The deployment of appropriate staffing numbers
- The deployment of appropriately trained staff
- Avoiding situations and triggers known to provoke challenging behaviour
- Creating opportunities for choice and achievement
- Developing staff expertise through CPD
- Exploring pupils' preferences relating to the way in which they are managed
- Staff employ diffusing techniques to avert escalation of behaviour in to violence or aggression.

Definitions of positive handling

Positive handling describes a broad spectrum of risk reduction strategies. Positive handling is a holistic approach involving policy, guidance, management of the environment and deployment of staff. It also involves personal behaviour, diversion, diffusion and de-escalation. Risk assessment identifies positive prevention strategies and how a pupil may need to be supported in a crisis.

1 Physical Contact

Situations in which proper physical contact occurs between staff and pupils, eg: in the care of pupils and in order to support their access to a broad and balanced curriculum. It would seem reasonable that young children do require opportunities for close contact, as long as this is within public view, sensitively carried out and age/person-appropriate.

2 Physical Intervention

This may be used to divert a pupil from a destructive or disruptive action, for example guiding or leading a pupil by the hand, arm or shoulder where the pupil is compliant. This technique cannot be emphasised enough and in the hands of a skilful practitioner, many pupils can be deflected from a potentially volatile situation into a less confrontational situation i.e., it may be possible to defuse a situation by a timely intervention.

Physical Control / Restraint / Restrictive Physical Intervention

This will involve the use of reasonable force when there is an immediate risk to pupils, staff or property. All such incidents must be recorded and reported to Mrs Seal straight away.

If anyone is injured, an accident/incident report must also be completed. Records of incidents must be given to the Head of School as soon as possible, and <u>by the end of the school day at latest.</u>

The level of compliance from the pupil determines whether or not the interaction is an intervention or a method of physical control/restraint/RPI. Restraint is defined by Team Teach as the positive application of force by staff, in order to overcome rigorous resistance, completely directing, deciding and controlling a person's free movement.

Types of Incident

The incidents described in Circular 10/98 fall into three broad categories: Where action is necessary, in self-defence or because there is an imminent risk of injury.

Where there is a developing risk of injury, or significant damage to property.

Where a pupil is behaving in a way that is compromising good order or discipline.

Examples of situations that fall within one of these categories: - a pupil attacks a member of staff, or another pupil;

pupils are fighting;

a pupil is engaged in, or is on the verge of committing, deliberate damage or vandalism to property;

a pupil is causing, or at risk of causing, injury or damage by accident, by rough play, or by misuse of dangerous materials or objects;

Authorised staff

In this school/provision it is the Head of Schools responsibility to authorise named staff to use reasonable positive physical interventions with pupils within the context of Circular 10/98. The school must provide training for all staff authorised by the Head of School and retains a list of all those staff trained and authorised. The list is reviewed on an annual basis (or more frequently if the context requires it).

Authorisation is not given to volunteers, students or parents.

The Head of School is responsible for making clear to whom such authorisation has been given, in what circumstances and settings they may use force and for what duration of time this authorisation will last. The Head of School will ensure that those authorised are aware of, and understand, what the authorisation entails. Those whom the Head of School has not authorised will be told what steps to take in the case of an incident where positive physical intervention with a pupil is required. **Training**

It will be the responsibility of the Head of School to arrange suitable training. Training for all staff will be made available. No member of staff will be expected to undertake the use of positive physical intervention without appropriate training. Prior to the provision of training, guidance will be given on action to be taken. Arrangements will be made clear as part of the induction of staff and training will be provided as part of on-going staff development.

Following a review of existing school practice(s), in consultation with governors/ staff and the LA, the school/provision is committed to using (insert name of provider Team Teach is the recognised 'best practice' model of Positive Handling strategies recognised in WCC) providing this approach continues to adopt the BILD Code of Practice on physical intervention.

Charing CE Primary School acknowledges that physical techniques are only a part of a whole setting approach to behaviour management. The governors of the school are committed to working within the LA's framework for accessing training in that:

1 It will review its Behaviour policy on at least a two-year cycle.

2 Negotiation will take place between the Vulnerable Children's Services (including Behaviour Support Services) and the Head of School and agreement will be reached in relation to the standard of behaviour management within the school before a formal application for training is made.

3 Training will be delivered on a needs based approach and procedures are in place to monitor incidents, following a behavioural audit and implementation of appropriate risk management procedures.4 All training will include theory on at least the following:

De-escalation

Causes of challenging behaviour Prevention strategies Positive behaviour management Risk Assessment Behaviour Support Planning De-brief following incidents Physical techniques are not treated in isolation and the school is committed to ensuring that as a result of incidents learning opportunities are created for children that allow them to 'own' and take responsibility for their behaviour.

In addition, procedures are also in place to ensure that appropriate support is provided for staff and that following an incident pupil/staff relationships are rebuilt and repaired to ensure that a positive learning environment is maintained.

All the techniques used take account of a young person's: age,

gender,

level of physical, emotional and intellectual development,

special needs,

social context.

Also, they provide a gradual, graded system of responses.

Where appropriate, Positive Handling Plans are written for individual children and where applicable these should be in addition to any Pastoral Support Plans/IEPs.

Risk Assessments need to be completed against each child when positive handling strategies may need to be used, in the context of the identified target behaviour(s) and environments in which they occur. The assessment should identify the benefits and the risks associated with the strategies being proposed. **Strategies for dealing with challenging behaviour**

As endorsed in the school's Behaviour Policy, staff consistently use positive strategies to encourage acceptable behaviour and good order.

Every effort will be made to resolve conflicts positively and without harm to pupils or staff, property, buildings or the environment. Where unacceptable behaviour threatens good order and discipline and provokes intervention, some or all of the following approaches should be taken according to the circumstances of the incident and in association with Circular 10/98.

Verbal acknowledgement of unacceptable behaviour with request for the pupil to refrain; (this includes negotiation, care and concern)

Further verbal reprimand stating:

that this is the second request for compliance;

an explanation of why observed behaviour is unacceptable;

an explanation of what will happen if the unacceptable behaviour continues.

Warning of intention to intervene physically and that this will cease when the pupil complies, if possible summon assistance from (cite school support structures).

Physical intervention: reasonable force being used to prevent a child harming him or herself, others or property.

Acceptable measures of physical intervention

The school will put in place systems for managing and reviewing the following:

Strategies for preventing the occurrence of behaviours that precipitate the use of a physical intervention.

Strategies for 'de-escalation' or 'de-fusion' that can avert the need for a physical intervention.

Procedures for post incident support and de-briefing for staff, children, service users and their families.

The concept of reasonable force where 'reasonableness' is determined with reference to all the circumstances, including:

1 The seriousness of the incident:

2 The relative risks arising from using a physical intervention compared with using other strategies

3 The age, cultural background, gender, stature and medical history of the child or service user concerned

4 The application of gradually increasing or decreasing levels of force in response to the person's behaviour

5 The approach to risk assessment and risk management employed

6 The distinction between:

seclusion where an adult or child is forced to spend time alone against their will in a locked room or room which they cannot leave (nb: this is not a permissible form of control);

time out which involves restricting the service user's access to all positive reinforcements as part of the behavioural programme;

withdrawal which involves removing the person from a situation which causes anxiety or distress to a location where they can be continuously observed and supported until they are ready to resume their usual activities.

7 The distinction between **planned** physical interventions (where incidents are foreseeable in that they have occurred previously and a response planned following a risk assessment) and the use of physical interventions in **emergency** situations (which cannot reasonably be anticipated)

8 First aid procedures to be employed and those responsible for implementation in the event of an injury or physical distress arising as a result of a physical intervention

9 **Unacceptable** practices that might expose service users or staff to foreseeable risk of injury of psychological distress.

(para 10.8 page 19 DfES Guidance. Ref:LEA/0242/2002)

Wherever possible assistance will be sought from another member of staff.

Positive Handling at (name of school/provision) is seen as a proactive response to meet individual pupil needs and any such measures will be most effective in the context of the overall ethos of the school, the way that staff exercise their responsibilities and the behaviour management strategies used.

Recording

Where positive handling strategies and/or physical control has been used a record of the incident **must** be kept. This record **must** be made in the school Serious Incident Book, (statutory for all provision). This is a hard-backed book, with numbered pages, retained by the Head of School containing a brief reference to the detailed Positive Handling Form (which must be returned to the LA)and (Health & Safety/Incident Forms as appropriate).

The Positive Handling Form will be completed as soon as possible after the incident, normally prior to staff going off duty and be signed by all staff involved and the Head of School.

After the review of the incident, copies of Positive Handling Form will be placed on the pupil's file. A Health and Safety Accident/Incident Form (RIDDOR) will be completed and returned to the Local Authority in situations where injury has occurred to either members of staff or pupils. Where staff have been involved in an incident involving Positive Physical Intervention with pupils they should have access to counselling and support.

Monitoring incidents

Whenever a member of staff has occasion to use positive physical interventions, this will always be recorded and documented following agreed procedures. Monitoring of incidents will help to ensure that staff are following the correct procedures and will alert the Head of School to the needs of any pupil(s) whose behaviour may require the use of a Positive Handling Plan and further positive handling strategies.

Monitoring of incidents will take place on a regular basis and the results used to inform planning to meet individual pupil and school needs.

To support the Head of School and the school and ensure objectivity the LA Lead officer for Positive Handling (via Vulnerable Children's Services) to the school will be involved with the monitoring process.

Action after an incident

The Head of School will ensure that each incident is reviewed and investigated further as required. If further action is required in relation to a member of staff or a pupil, this will be pursued through the appropriate procedure:

Review of Behaviour Programme

Child Protection Procedure (this may involve investigations by Police and/or Social Services)

Staff or Pupil Disciplinary Procedure

School Behaviour Policy

Exclusions Procedure in the case of violence or assault against a member of staff

The member of staff will be kept informed of any action taken.

In the case of any action concerning a member of staff, he/she will be advised to seek advice from his/her professional association/union.

Complaints

The availability of a clear policy about reasonable force and early involvement of parents should reduce the likelihood of complaints but may not eliminate them.

Any complaints about staff will be investigated through the School's Complaints Policy. If necessary, the complaint will be dealt with by the Staff Disciplinary Procedures and/or Child Protection Procedures. **Other relevant Policies**

Other Relevant Policies that cross reference with this one are:

(School to draw up list of relevant policies e.g. Behaviour Policy, Exclusion Policy. Health & Safety Policy, Child Protection Policy).

Policy on Care and Control of Pupils

Model statement for parents on the use of reasonable force for inclusion in school prospectus

If staff become aware of, or have a need to become involved in, situations where a child may be at risk of hurting themselves or others or, if the behaviour of a child seriously disrupts good order in the school or causes damage to property, staff may need to take steps to intervene physically. In such circumstances, staff will follow the school's policy for dealing with such situations. Any parent wishing to view this policy may do so on request.