

# Daily Worship 3

## **Matthew 22: 36-40**

The Pharisee asked, "Teacher, which command in the law is the most important?"

Jesus answered, "Love the Lord your God with all your heart, soul and mind. 'This is the first and most important command. And the second command is like the first: 'Love your neighbour as you love yourself.' All the law and the writings of the prophets depend on these two commands."

### Talk about

*How much of our thoughts and actions is Jesus asking us to fill with love? Is this easy? What can we do to help us achieve this?*

### Think about:

How can you spread the message of love and kindness?  
What can you do?