**Life Skills**

Croque-monsieur!

A Croque-monsieur is what the French call a ham and cheese toastie, something that is easy to make and can be eaten any time of day.

Serves 1

Ingredients:

. 2 slices of bread, white or brown

. slices of ham, up to you how much you use

. cheese thinly sliced

. butter or spread

Method:

1.Preheat the grill

2.Toast one slice of bread on both sides and the other just one side

3.Butter the slice that has been toasted

4.Top the buttered side with the sliced ham and cheese

5.Then put the slice of bread that is toasted on one side on the top with the toasted side down

Grill, slice, enjoy!

