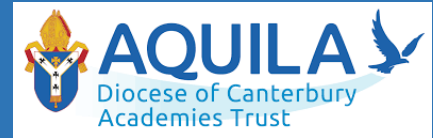




Charing CE Primary School

Weekly Newsletter
Friday 22nd May 2020



Telephone: 01233 712277

Email: office@charing.kent.sch.uk

Website: www.charingschool.org.uk

Facebook: <https://www.facebook.com/CharingPrimary/>



We hope you are all keeping safe and well and in particular this week we are focusing on the importance of looking after our mental health during “Lockdown”. We are also looking for ways that we can try to help and support those around us who may be struggling. This week, from 18th-24th May it is Mental Health Awareness week and the theme for this week is “Kindness Matters”. We can all do our bit to help those in the community who may not have the support of friends and family and who may be feeling isolated and lonely. The smallest acts of kindness can have a huge impact on someone who is facing this challenging time alone. You can find further information and some useful ideas on the Mental Health Foundation website.

<https://www.mentalhealth.org.uk/campaigns/mental-health-awareness-week>

Don't forget to be kind to yourselves. Even teachers are finding it hard home schooling their own children, so make sure you give yourselves a pat on the back.

This week there is also “Thank a teacher day” and not only do we want to thank all the wonderful teachers out there who are working so hard to try to support families with their home learning, but we also want to say a huge “Thankyou” to our amazing parents who are managing to teach their children from home alongside everything else that they usually have to do and for some, even whilst working from home. Look after yourselves and each other.



Mrs Hawkins.



Thank you!

Next week, as things currently stand, the school will be open on Tuesday 26th and Wednesday 27th May. If you are a key worker and anything has changed with your situation please email headteacher@charing.kent.sch.uk and let us know as I'm sure we can offer support if needed.



You should have received an email detailing our proposed plans for re-opening the school on 1st June to Years R, 1 and 6. There is also additional key worker provision from this date. Please contact us by Wednesday 27th May if you are planning to send your child in for any of the offered sessions.

Attention Year 5!

Registration for the Kent Test is due to open on 1st June. We will be in touch in term 6 with more details.



You should have received your child's report today.

Please complete the reply slip sent with the report and email to office@charing.kent.sch.uk

HERE FOR YOU



We know that you are all doing a great job with your children and understand that sometimes things can get tricky. If you need support with a piece of learning or if your child is having a bit of a wobble, please remember you can contact us. Staff emails are on the home learning pages on our website: www.charingschool.org.uk

A Prayer for Inner Strength

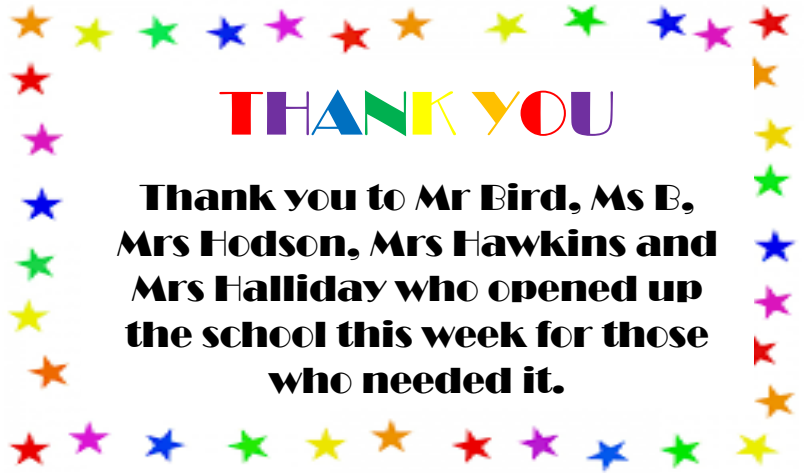
Dear God,

Please give me the strength to endure this situation, and to find the blessings and lessons that it contains.

Please give me the endurance to continue ahead.

Please guide my thoughts, words and actions, so that I walk your path of peace and love.

Amen.



GIVE YOURSELF SOME CREDIT. YOU'VE GOT A BIG HEART, YOU'VE MADE IT THROUGH THIS FAR, AND YOU ARE ALWAYS ALWAYS ALWAYS STRONGER THAN YOU THINK.



Thank you for sending in your photos. We really love hearing about all the things you have been doing. Please send photos to office@charing.kent.sch.uk



Kindness Bingo!



<p>Make a card for someone thanking them for all they do.</p>	<p>Help out with a job around the house.</p>	<p>Be kind to yourself! Do something you enjoy.</p>
<p>Tell a friend or family member how much you love them.</p>	<p>Create your own kind act!</p>	<p>Can you make a hug? Make a card or draw a picture of how you think a hug looks. Send it to someone that really needs one right now.</p>
<p>Read a story to a family member or a friend over face time or a phone call.</p>	<p>Leave a kind note for someone working hard in your community. Like a Rubbish Collector or a Postal worker.</p>	<p>Could you order 1 extra item on your shop to donate to charity?</p>