

**Did you know?
Tudor people never had a
bath!**



Peasant Tudors never washed and only changed their clothes when they wore out.

Rich Tudors hardly ever washed and only changed their clothes for different events they were going to.

Often, ladies would wear a new dress over the top of an old one that had worn out!

To cover up the smell of their bodies, Rich Tudor ladies and men would wear perfume.



Elizabeth I was a very unusual Tudor because she would have a bath and wash once every month!

She would also wear white powder on her face. Many Rich Tudor ladies wore white powder on their faces because they liked to show people that they stayed inside and did not get a suntan.



A suntan in Tudor times meant that you worked outside a lot. Only the peasants worked outside and got suntans. Therefore, Rich Tudor ladies wore **white powder** to exaggerate their pale skin colour and show they were not like peasants with suntans.

The white powder was made from the metal **lead** which was crushed into a fine powder.

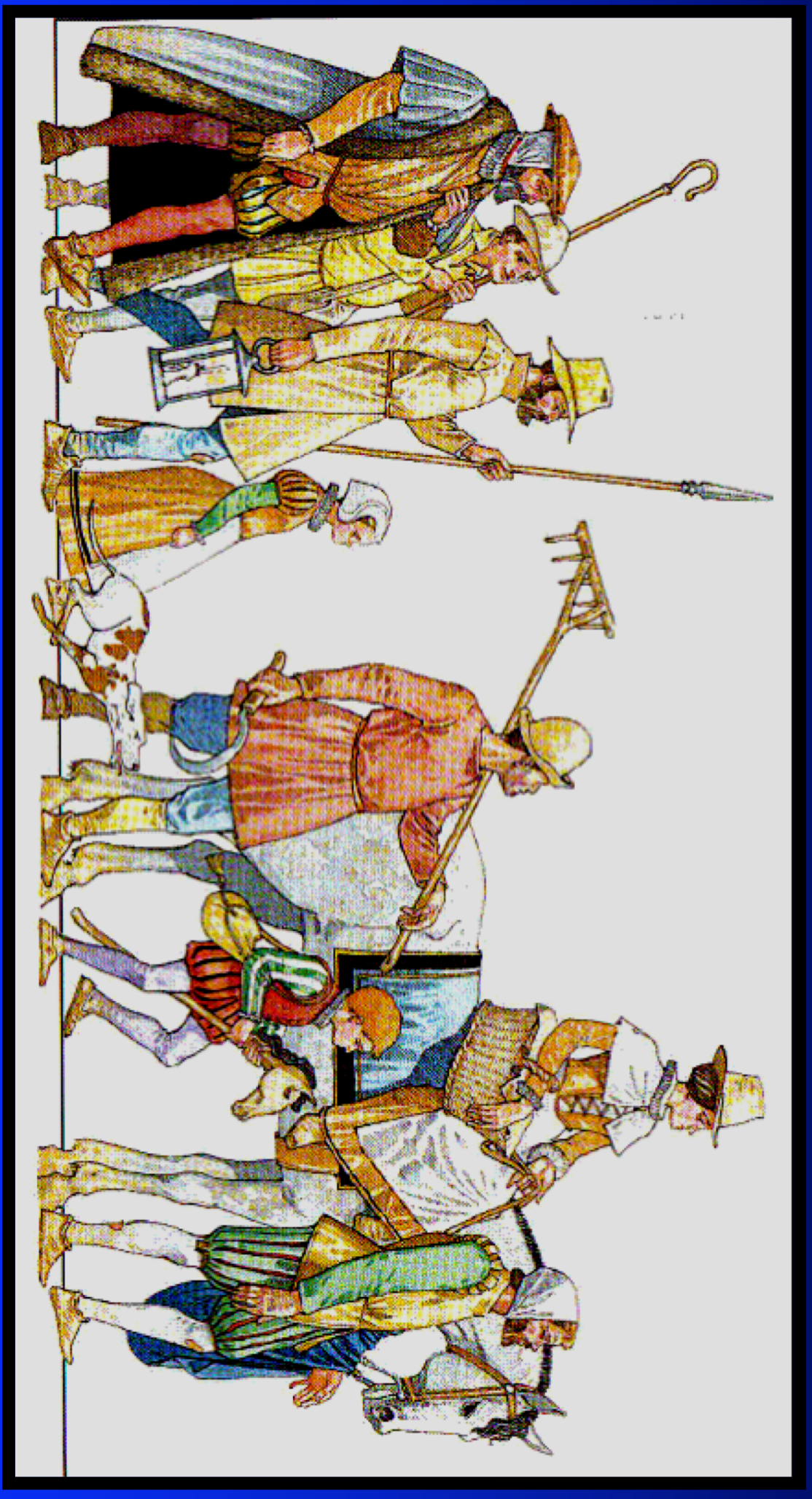
Lead metal is **poisonous**.

Elizabeth I wore so much powdered lead that she **died** in 1603 of **lead poisoning**.



Woodlands Junior School





Can you identify which are the Richest Tudors, and which are the Poorest Tudors in this picture?

Can you tell what jobs these Tudors did from their clothes?