PE

I would like you to be active.

Have a go at Wednesday’s Joe Wicks session

[PE With Joe 2021 | Wednesday 27th Jan - YouTube](https://www.youtube.com/watch?v=slWSKoIP3vc)

Have a go at this just dance work out

[Just Dance 2014 - Ghostbusters (Classic 5 Stars) PS4 - YouTube](https://www.youtube.com/watch?v=RYgIVc5Jvjg)

Feel free to pick a different song if you wish.

*You can get other members of your house to join in with this activity! Dancing makes you feel good!*