

Charing CE Primary School

Weekly Newsletter

Friday 5th February 2021

Telephone: 01233 712277

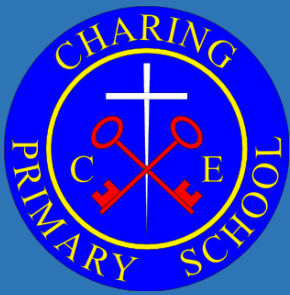
Email: office@charing.kent.sch.uk

Website: www.charingschool.org.uk

Facebook: <https://www.facebook.com/CharingPrimary/>



Lockdown
Edition



Well done to all our children, parents and families for doing so well with their remote learning this term. It is fantastic to see so many of our children participating in the Team sessions each day and engaging in their learning with their teacher and classmates. It is not easy learning from home in this way, but you are all doing a fantastic job!

Please do remember that every child works at a different pace and although some may finish all of the activities set for each day, others will only be able to complete some of the work set, and this can also vary from day to day as well. Please do not worry too much about this though, and just encourage your child to complete the amount of work that your child is reasonably able to do. In school, children naturally learn best in small chunks with plenty of brain breaks in between, so please do try to do something similar at home. Formal learning can be easily alternated with physical activities and exercise too.

I know that the current lockdown is adversely affecting the mental health and well-being of many of our children and families, some will be missing the routine of the school day, or they may just miss being with their friends. If you do feel that your child might need some specific extra support, please do speak to your child's teacher or to Mrs Nunn. The following link also has some useful tips for helping your child cope during this difficult time;

<https://www.bbc.co.uk/news/av/education-55620288>

Thank you for all your many positive messages of support regarding our remote education provision this term. Our teachers and support staff continue to work extremely hard to ensure all of our children are supported in their learning, whether they are at home or in school.

Thank you for your continued support. Keep safe and well.

Kind regards,

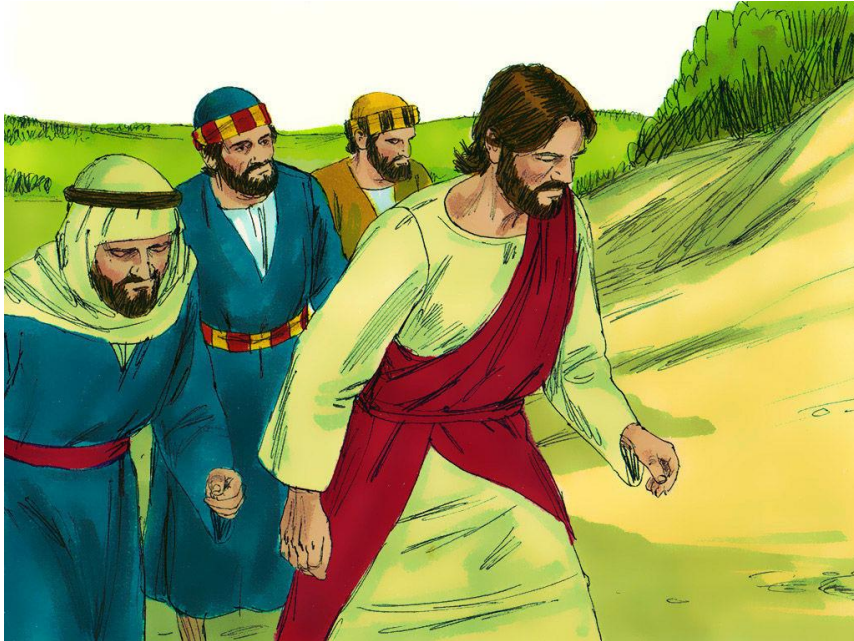
Angela Matthews

Consultant Headteacher



Living and Learning with Faith, Friendship and Fun

Have you heard of Zacchaeus? He was a tax collector in the Bible, but he collected more than he needed to and kept some of it for himself. One day, Jesus was in his town and came to Zacchaeus' house for tea. Jesus helped Zacchaeus to see that what he had done was wrong and that he needed to make amends and ask for forgiveness. This made Zacchaeus happier and his life better. I wonder what you might want to say sorry for? How will it make your life better?



Prayer

Forgiving God,

Lead me to forgive others.

Guide us all with your love so that together we may build a more peaceful and just world.

AMEN

We need your help!

Due to a technical problem with the bank details, we are so very sorry and disappointed that your generous donations from our quiz night in November have all be refunded to you. As you will realise, this is a devastating blow to our PTFA fundraising efforts. We have set up a new just giving page and are hopeful that you can resubmit your donation to our amazing PTFA. Although we are closed to the majority at the moment, the PTFA are still busy working behind the scenes with us and their support to the school is invaluable.



JustGiving™

https://www.justgiving.com/crowdfunding/charingprimary-ptfa?utm_term=QQy9qGYXX



Living and Learning with Faith, Friendship and Fun



Safer Internet Day 2021

Tuesday
9th February
[saferinternetday.org.uk](https://www.saferinternetday.org.uk)

Safer Internet Day 2021 will be celebrated with the theme:
An internet we trust: exploring reliability in the online world

This year in the UK, Safer Internet Day explores reliability online. The internet has an amazing range of information and opportunities online, but how do we separate fact from fiction?

<https://www.saferinternetday.org.uk/safer-internet-day/2021>

City Pay it Forward have announced that, in response to requests from both schools and parent organisations, they have adapted their award-winning primary school financial literacy curriculum into a parent-led six module programme for FREE.

<https://lnkd.in/gCXsYza>

The objective was to create something that parents could use at home to teach primary-aged children the basics in personal finance. Importantly, these materials are easy for children to do on their own and do not require much input from time-starved parents.

Each of the six modules are simple to use and include the following:

- Worksheets
- Handouts
- Videos



City Pay it Forward



Living and Learning with Faith, Friendship and Fun

TIME FOR LUNCH



Don't forget, The Plough Inn are also on hand to offer advice and to help create exciting lunch ideas. info@theploughinnstalisfield.co.uk

WEEKLY MEAL PLAN* For Under £15

Monday

For lunch, prepare half the can of beans as per the instructions on the label. Remember to store the remaining beans for use later in the week.

3 of your 5 a day

Breakfast

Malted wheaties with chopped banana and milk

Lunch

Beans on toast with a boiled egg

Snacks

2 smart price fromage frais, 2 garden gang easy peelers

Tuesday

For lunch, use around a fifth of the pot of tuna mayonnaise and remember to store the rest for use later in the week.

3 of your 5 a day

Breakfast

2 smart price fromage frais, slice of toast with butter topped with banana slices

Lunch

Tuna and sweetcorn sandwich with crunchy carrot sticks

Snacks

Glass of milk and garden gang apple slices

Wednesday

Our snack today uses the leftover tuna mayonnaise from yesterday. Use another fifth of the pot and save the rest for use later in the week.

4 of your 5 a day

Breakfast

Beans on toast with a boiled egg

Lunch

Jacket potato with butter, omega 3 fish fingers and peas

Snacks

Cucumber sticks with tuna and sweetcorn dip, garden gang banana

Thursday

For lunch today, toast a pitta bread and chop into soldiers. Also chop up slices of pepper. The pitta and pepper dippers can then be dipped into the tuna mayonnaise and houmous dips - delicious!

3 of your 5 a day

Breakfast

Toast topped with butter and chopped banana

Lunch

Tuna and sweetcorn dip and houmous dip with pitta and pepper dippers

Snacks

2 smart price fromage frais, 2 garden gang easy peelers

Friday

4 of your 5 a day

Breakfast

Malted wheaties with chopped banana and milk

Lunch

Fish finger sandwich with cucumber sticks

Snacks

Slices of red pepper and sliced garden gang apple

Asda Shopping List

All under £15**

- Asda Malted Wheaties Cereal
- Asda Unsalted Butter 250g
- Asda Semi Skimmed Milk 4 Pints
- Kingsmill Medium 50/50 Bread
- Asda Reduced Sugar & Salt Baked Beans in Tomato Sauce 410g
- Asda Smart Price Fruit Fromage Frais 12 pack
- Asda Garden Gang Apples 6 pack
- Asda Garden Gang Bananas 8 pack
- Asda Garden Gang Super Easy Peelers 500g
- Asda Tuna & Sweetcorn filling
- Asda Wholemeal Pittas
- Asda Grower's Selection Carrots 500g
- Asda Grower's Selection Cucumber
- Asda Grower's Selection Loose White Baking Potatoes
- Asda Grower's Selection Red Pepper
- Asda 10 Omega 3 Fish Fingers
- Asda Frozen for Freshness Garden Peas 1kg
- Asda Houmous 200g
- Asda 6 Medium Free Range Eggs

Top Tips

- Remember to stay hydrated by drinking lots of water
- Fruit and veg is packed full of fibre, and why not try chopping your fruit into fun and interesting shapes?
- To speed up the jacket potato, heat in the microwave before crisping up in the oven, or you could substitute for pasta if you're short on time!
- For older and more active children you can increase the portion sizes or add an additional snack to their day

*This meal plan has been developed in line with UK dietary advice by Asda's qualified nutritionists. It is aligned to nutritional requirements for children with respect to calories, fat, saturated fat, protein, fibre and salt and provides at least 2 portions of fruit and vegetables per day. Meal plan is based on feeding one child. For older or more active children, larger portion sizes may be required. **Prices correct as of 25/10/2023. Selected Asda stores, subject to availability.

ASDA
FIGHT HUNGER
CREATE CHANGE

A few reminders about Teams expectations

Children are asked not to start calls within Teams, but to wait for the teacher to start the call, then click on the join button.

Children are also reminded that the chat function is for either asking and answering questions to the teacher during a lesson or for support out of lessons. Please do not use Teams as a social chat platform.

Behaviour online should reflect the behaviour expected in the classroom



Instructions for Accessing Microsoft Teams on a Games Console



Xbox One / Series X / Series S

1. Plug a keyboard into the Xbox USB slot.
2. Go to **My Games and Apps**.
3. Find and select **Microsoft Edge**.
4. Search for *Microsoft Teams*.
5. Follow the first link and sign in with your school email address and password.

PlayStation 4

1. Identify the PlayStation **Internet Browser** icon (WWW with dots around it). If you cannot find the Internet Browser:
 - i. Press the PlayStation logo on the controller.
 - ii. Go to the **Library** and find options for games and applications.
 - iii. Go to applications and you will find the Internet Browser.
2. Search for *Microsoft Teams*.
3. Follow the first link and sign in with your school email address and password.

Note: The PlayStation 5 does not currently have a supported web browser.



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