

**Physical Education Intent**

Our vision

**Living and learning with faith, friendship and fun**

Charing School is an inclusive family, proud of our faith in God and our friendship with our community. We develop respect, aspiration, curiosity, tolerance and determination. We are a creative, compassionate and confident team.

Mission Statement

Our Christian values of love, hope, truth, friendship and kindness underpin everything we do at our school. We work together as a community, within Aquila the Canterbury Diocese Multi Academy Trust.

* We believe our school plays a significant part in a pupil’s childhood providing a safe and nurturing environment. A place a child can enjoy being an individual and develop as a well-nurtured human being.
* Our curriculum is broad and balanced. It builds on the knowledge, understanding and skills of all children, whatever their starting points. We want our children to experience a wider curriculum in abundance, ready to embrace the next chapter in their learning journey.
* The outdoor environment and the local community are considered an opportunity for active learning for all pupils. We will fully embrace the surrounding resources and utilize our vast outdoor space.
* We aim to educate our children for the present and also for the future: giving them an understanding of the world, everlasting experiences and life skills that they will take forward.
* We celebrate the diversity and cultural wealth of the wider community, specific to Charing.
* We will engage parents in supporting pupil’s achievement, behavior and safety and their spiritual, moral, social and cultural development.



The Physical Education curriculum offers a series of topics to support progression and curriculum coverage. As a school we have created our own curriculum that meets the National Curriculum for PE.

The Physical Education curriculum followed at Charing covers all aspects of the curriculum beginning with the fundamental skills in KS1, building up fine motor skills and multi-skills, progressing through into KS2 where these skills are developed further, using their skills in a variety of different ways.

**Progression Narrative**

Our aim for the Physical Education curriculum is to provide a curriculum that the children not only enjoy but allows them to develop their health, fitness and wellbeing. As well as a varied and stimulating programme, we also encourage the children to take their learning from school and apply it in out of school settings, such as sports teams as well as school competitions which focus on honest competition and good sporting behaviour. This in turn will embed life-long values such as cooperation, collaboration and equity of play as well as our own school values of Determination, Respect, Confidence, Faith and Friendship.

The Pathway we use at Charing helps meet the requirements of the intent, implementation and impact framework.

**Intent:**

Charing Primary School believes that Physical Education (PE), experienced in a safe and supportive environment, is essential to ensure children develop into physical, social and thinking beings who have a strong understanding of health and wellbeing.

We intend to deliver high-quality teaching and learning opportunities that inspire all children to reach their potential in physical education, school sport and physical activity. We want our pupils to engage in lessons that are enjoyable, challenging and accessible to all.

Through our teaching of PE, we will provide opportunities for children to learn how to cooperate and collaborate with others as part of an effective team, understand fairness and equality and appreciate the benefits of a healthy and physically active lifestyle.

**Implementation:**

The KS1 and KS2 children are taught twice a week by teaching staff following the National Curriculum guidance. The curriculum is further enhanced by the children taking part in a variety of different external tournaments. In addition, teaching staff supervise activities and lunchtime, including; football and basketball.

We follow the guidelines set out by the national curriculum to ensure we offer various PE activities to challenge every child, as well as giving every child opportunities to progress further.

As well as this, we will be developing teacher’s confidence in this subject with more CPD opportunities throughout the year.

**Impact:**

By the end of each key stage, the children are expected to know, apply and understand the matters, skills and processes specified in the relevant programme of study. At Charing, we use formative assessment to determine children’s understanding and inform teachers planning. **However in September 2021, there will be more summative assessment being completed to further gauge the children’s progression.**

Within the 6 year groups, there are a series of topics that are taught. These are developed on each year and are set out with a clear and concise progression. This can be seen in the ‘Year Group Overview’ table below.

Year Group Overview:

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **TERM 1** | **TERM 2** | **TERM 3** | **TERM 4** | **TERM 5** | **TERM 6** |
| **RECEPTION** | Fundamentals | Gymnastics | Dance | Multi-Skills | Games/OAA | Athletics |
| **YEAR 1 & 2** | Fundamentals | Gymnastics | Yoga & Fitness | Net & Wall | Invasion | Athletics |
| Multi-Skills  (Infant Agility) | Dance | Target | OAA & Team Building | Striking & Fielding | Sending & Receiving  OR  Multi-Sports |
| **YEAR 3 & 4** | Fundamentals & Multi-Skills (Sportshall Athletics) | Gymnastics | Hockey | Netball | Cricket | Athletics |
| Basketball  (Ball Skills) | Dance | Badminton | OAA & Team Building | Tag Rugby | Multi-Sports (Volleyball, Dodgeball, Boccia, Yoga, Frisbee, Rounders) |
| **YEAR 5 & 6** | Fundamentals & Multi-Skills  (Sportshall Athletics) | Gymnastics | Hockey | Tennis | Cricket | Athletics |
| Basketball | Dance | Handball  OR  Netball | OAA & Team Building | Swimming | Multi-Sports (Volleyball, Dodgeball, Boccia, Yoga, Frisbee, Rounders) |

**Knowledge and Skills acquired in each year group**

**EYFS:**

**As part of the EYFS statutory framework pupils are taught:**

Physical Development – This involves opportunities for young children to be active and interactive, developing their coordination, control and movement. The children will begin to leant the importance of physical activity and make healthy dietary choices.

Moving and Handling – This involves children showing good control and coordination in large and small movements. They will be taught how to move confidently in a range of ways, safely whilst being able to negotiate space. In addition, they will be taught how to use equipment and tools both effectively and safely.

Health and Self Care – This involves children knowing the importance of good health and physical exercise, a healthy diet and talking about ways to keep healthy and safe.

**Key Stage 1:**

Pupils develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They are able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils are taught to:

* Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
* Participate in team games, developing simple tactics for attacking and defending
* Perform dances using simple movement patterns.

**Key Stage 2:**

Pupils continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They enjoy communicating, collaborating and competing with each other. They develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils are taught to:

* Use running, jumping, throwing and catching in isolation and in combination.
* Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending.
* Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics].
* Perform dances using a range of movement patterns.
* Take part in outdoor and adventurous activity challenges both individually and within a team
* Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

**Swimming and Water Safety:**

According the national curriculum guidance, all children must be provided with swimming instruction either in Key Stage 1 or Key Stage 2.

Pupils are taught:

* Swim competently, confidently and proficiently over a distance of at least 25 metres.
* Use a range of strokes effectively (for example, front crawl, backstroke and breaststroke).
* Perform safe and self-rescue in water-based situations.

At Charing, the children in Key Stage 2 take swimming lessons throughout Term 6 to adhere to the National Curriculum guidance above.