



KENT AUTUMN/WINTER MENU

 Added Plant Power

 Vegan

 Wholemeal

 Chef's Special

Monday

Tuesday





Wednesday

Thursday

Friday

WEEK ONE

31 Oct
21 Nov
12 Dec
16 Jan
6 Feb
6 March
27 March

Option 1	Tomato Pasta	 BUILD A BURGER DAY A choice of Burger (meat, veggie or vegan) with Toppings and Potato Wedges		Roast Chicken with Stuffing, Roast Potatoes & Gravy	Chicken Tikka Masala with Rice 	Fishfingers/ Salmon Fishfingers with Chips
Option 2	Cheesy Swirl with New Potatoes			Crunchy Top Veg Bake with Roast Potatoes	Veggie Wrap Stack with Rice 	Cheese Omelette with Chips
Vegetables	Sweetcorn Green Beans	Coleslaw Peas		Carrots Cabbage	Peas Cauliflower	Peas Baked Beans
Dessert	Pear & Chocolate Crumble with Custard Yoghurt / Fresh Fruit 	Jelly & Fruit Yoghurt / Fresh Fruit 		Rice Pudding & Mixed Berries Yoghurt / Fresh Fruit	Yoghurt & Raisin Cake Yoghurt / Fresh Fruit	Yoghurt / Fresh Fruit

WEEK TWO

7 Nov
28 Nov
2 Jan
23 Jan
20 Feb
13 March

Option 1	MAC & CHEESE STATION  A choice of different Mac & Cheese flavours, with vegetarian toppings Jacket Potato with Beans 	Spaghetti Bolognaise with Garlic Bread 		Sausage, Onions & Gravy with Roast Potatoes 	Chicken Pie with Crushed Potato 	Fishfingers with Chips
Option 2		Veggie Shepherd's Pie 		Cauliflower & Broccoli Cheese with Roast Potatoes	Vegetable Fajitas with Rice 	Mexican Roll with Chips 
Vegetables	Peas Carrot	Broccoli Sweetcorn		Mixed Vegetables	Green Beans Carrots	Peas Baked Beans
Dessert	Oaty Cookie Yoghurt / Fresh Fruit 	Chocolate Apple Sponge with Custard Yoghurt / Fresh Fruit		Jelly With Mandarins Yoghurt / Fresh Fruit 	Chocolate Drizzle Cake Yoghurt / Fresh Fruit 	Yoghurt / Fresh Fruit

WEEK THREE

14 Nov
5 Dec
9 Jan
30 Jan
27 Feb
20 March

Option 1	Cheese and Tomato Pizza With New Potatoes 	Sausage Roll with Potato Wedges		QUIRKY BIRD  A choice of flavoured chicken x 2 flavours or vegan Quorn Fillet, with Rice & Salads	Sticky Chicken Noodles 	Fishfingers with Chips
Option 2	Veggie Chilli with Rice 	Veggie Sausage with Potato Wedges 			Chinese Vegetable Curry with Rice 	Cheese Quiche with Chips
Vegetables	Sweetcorn Carrots	Baked Beans Green Beans		Sweetcorn Peas Quirky Bird Salads x 2	Broccoli Carrots	Peas Baked Beans
Dessert	Sticky Toffee Apple Crumble with Custard Yoghurt / Fresh Fruit 	Chocolate Cookie Yoghurt / Fresh Fruit		Apple, Cheese & Crackers Yoghurt / Fresh Fruit	Eves Pudding with Cream Yoghurt / Fresh Fruit	Fresh Fruit or Yoghurt

Available Daily

- Freshly cooked jacket potatoes with a choice of fillings
- Bread freshly baked
- Daily salad selection
- Yoghurt & Fresh Fruit Dessert Options

ALLERGY INFORMATION

If your child has an allergy or intolerance, please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance, you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross-contamination.