Charing CE Primary School

Weekly Newsletter





Email: office@charing.kent.sch.uk Website: www.charingschool.org.uk

Facebook: https://www.facebook.com/CharingPrimary/





Rabbits	Squirrels	Otters	Woodpeckers	Badgers	Owls
94%	94%	98%	97%	89%	90%
Whole School –		Year to date –		Target –	
94%		93%		96%	

Dear Parents and Carers,

The 29th February is, for me, a special day; a chance to reflect on the everything that has happened since the last time we wrote this date, and to think and hope ahead for the next time we write this date.

Four years ago, Britain was about to enter the first Covid lockdown, our school had 5 classes with around 100 pupils and many of our Duckling Class were not even born! Fast forward to today and we have seen 4 prime ministers, a new King, 2 covid lockdowns and our school now has 7 classes and nearly 200 pupils. We have celebrated our 150th birthday, opened our Ducklings Preschool and as a school we have moved forward in our aim to be the centre of, and the school of choice, for the local community.

Looking forward to the next 4 years our Year 6 pupils will be working towards their GCSEs, all Key Stage 2 pupils will have moved onto secondary school and Year 2 will be Year 6! It is exciting to think about how the school will change in the next 4 years. I wonder how your child and family's life will change? This is a great opportunity to set goals and look forward.

Attendance has been in the news again this week. Thank you to the parents who have encouraged their children to come into school every day. Please keep this up. Our attendance is gradually improving, and hopefully brighter weather will make everyone feel more awake and ready for school.

We are really excited about the OPAL play opportunities. Please can you bring in named wellies for your children as soon as possible. There are racks outside each classroom for these to be stored in school.

You may have noticed the fencing around the park, next to the school field, has been damaged. The council have advised us that this will be fixed soon, but please be vigilant to ensure children are safe and not playing near the road.

Wishing you a happy, and hopefully drier, weekend.

Mrs Hammond



Please take a moment and complete the below survey by scanning the QR Code

The Education People's Early Years and Childcare Service is conducting a survey on behalf of Kent County Council, of parents/carers and expectant parents to determine interest in the childcare entitlements that are being introduced this year and their arrangements for wraparound care of any primary school aged children. The survey will also gather the views of parents/carers using or wanting to use more childcare in Kent.

This combined information will help them assess where there are gaps in provision.





INTERNET SAFETY

This week's poster about is <u>10 Top tips on supporting children who are EXPERIENCING BULLYING</u> at the end of the newsletter. Please continue to monitor your child's online behaviour and access. If you need help with a specific app we have not highlighted yet, please talk to Mrs Hammond.



ATTENDANCE



If your child is poorly and unable to come to school, please ensure that you inform the office via telephone or leave a message on our answer phone. Can we please request that all attendance related emails are sent to the following:

Ms. Nimrah Rehman attendance@charing.kent.sch.uk

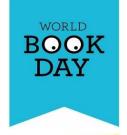
DROP OFF

Can we please remind parents that school gates shut at **8:55am**. If you arrive late, please drop off your child/ children at the school office.

For safeguarding reasons we do not allow parents/carers to drop off their children to their classes.

MAIN ENTRY

ALL VISITORS
MUST REPORT
TO THE
SCHOOL OFFICE



WORLD BOOK DAY

On 7th March please don't forget to send in your children in their comfiest clothes with their favourite book into school to enjoy World Book Day!



Don't Forget parents' evening.

PARENTS EVENING BOOKING NOW LIVE

This year we are booking our Parents Evening time slots through the MCAS app.

This went LIVE YESTERDAY allowing parents to book time slots on a first come first base for the Parents Evening being held on **27**th of March

Compassion

Friendship

Forgiveness

Resilience

Hope

REMINDER

MEDICATION SAFETY

We understand that at times children are unwell and need to stay at home to recover, however please remember that we can administer *prescribed medication*, so if your child is feeling better but needs medicine, this can be brought to the office and managed as necessary. The office would be able to assist is this.



HEALTHY LUNCHES



We promote healthy eating at <u>Charing CE Primary School</u> and would appreciate parents adhering to the healthy eating guidelines as below:

Sweets: Please do not pack sweets or chocolate bars.

Drinks: children under 5 receive free milk with their snacks and water is available for everyone whenever they want to drink. Please do not send in fizzy drinks with your child's packed lunch.

Nut Free: Please be reminded that we are a nut-free school. We have children in school who have potential life-threatening nut- allergies which can be triggered by direct or indirect contact with nuts in the environment. To keep our children safe, we request that parents please find a nut-free alternative. This also includes <u>NUTELLA</u> or any <u>CHOCOLATE</u> spread.

Thank you for your co-operation.



SCHOOL DINNERS -

Dinner Money cost £2.43

Please be reminded school meals are to be paid for in advance. Our caterers will not allow a debt to build and as of next term, any unpaid accounts will result in your child not receiving a meal and you will need to provide a packed lunch.

WRAPAROUND CARE: Both Breakfast and Afterschool club bookings are placed under this tab and payments need to be made when you book your session for your child. *This is done to avoid any payments not made.*

PARENT CONSENT: Please select the options given to update your child's consent.

If payments have been made otherwise and in advance before booking the sessions, please call or email the office to book your child's space. Please be reminded to clear out any outstanding balances under individual accounts of your children.



Claudia Havana Savanna

> **Georgie** Sammie

Azaniya 7akhar Millie

> Olivia **Edward**

George D Tia

> Eliza L Roman

Jack **Amber** Ahas

> Lena-Marie Charlotte

Lefa Loki Lily



Compassion

Friendship Forgiveness

Resilience

Hope

This Week in Worship

Our Focus in this week's Worship: Jesus cares and provides.

We thought about the two most important aspects of Jesus' Love; he cares for us and he provides for us. Our main bible reading was from: Luke 9:10-17/John 6:12-17 Jesus Feeds the 5000. This miracle is recorded in all 4 gospels, so this is clearly an important story/ message. Jesus performing a miracle shows not only that He is God, but that God is compassionate and caring. Jesus teaches, but also cares for the people's hunger in this remote place:

We wondered how the people felt...?

Disciples – Did they worry that the 5000 needed to be fed? Do we worry & try to always find our own answers or trust God to love us, to walk alongside us and to solve our problems? Do we tell God our needs?

Crowd -We wondered how they felt having been with Jesus all day and probably feeling hungry... We know not only the words Jesus told (the bible stories), but trust his character to abundantly provide what we need? There many baskets filled with leftovers.

Small boy –He gave all he had to Jesus who used his offering to provide enough food and plenty more for the crowd. How does God want to use us? What gifts and talents has he given us, to share with our community? We are never too small/insignificant.

We also looked at Matthew 14:22-33 Peter walks on the water: We remembered Jesus' power from the previous day's Worship and whether it is easy to trust? Who do we trust, and why? In this bible passage, Even though the crowds wanted him, Jesus again took time out to pray - why is this important? We thought about times when life isn't always easy. We don't always get to walk beside still waters sometimes we will face challenges that seem impossible, like walking on water.

Dear Father God,

You created our World: the Earth, the Heavens, the Seas and you let there be; Light. You know and Love each one of us You give us all that we need. Help us to care for those around us and share all our gifts and talents So we can help make your World a happier place.

Amen.





Dates or your Diary



Date	Event				
TERM 4					
6 th March	Dance Workshop * The PTFA are kindly funding part of this payment. Please see MCAS (the school app) for the small contribution needed to attend the workshop. This is listed under Products.				
7 th March	World Book Day				
13 th March	OPAL PLAY Parents information meeting (YR-6)- School Hall 2:40pm				
4 th March	Y4 Parent information evening - Woodpeckers and Badgers 2:40pm				
21st March	Badgers Parent event 2:30pm - 3:00pm				
25 th March	Easter Service in the Church. 9:15am				
27 th March	Parents Evening 3:30pm - 8:00pm				
27 th March	Owls Parents event 2:30pm – 3:00pm				
21 st May	Ducklings and Rabbits Sports Day 9.30am-10.30am Owls' Sports Day 2pm-3pm				
22 nd May	Squirrels and Otters Sports Day 9.15am-10.30am				
22 nd May	Woodpeckers and Badgers Sports Day 1.45pm -3:00pm				





Top Tips for Supporting Children Who Are EXPERIENCING BULLYING

In a DfE survey, 36% of parents said that their child had been bullied in the past year, while 29% of secondary school headteachers reported bullying among students. Public Health England states that young people who maintain positive communication with their family were less likely to experience bullying – so it's important that parents, carers and educators know how to talk to children about bullying.

1. WATCH FOR BEHAVIOURAL CHANGES

Children who are experiencing bullying may become quiet, withdrawn, or anxious; however, they may also act on the pain and anger that they're feeling. A shift in attitude towards their existing friends (or not mentioning them any more at all) or alluding to new friendships which seem notably different could also be warning signs. It's important to be alert to such changes and talk to your child about them if they occur.

2. THINK THINGS THROUGH

Before acting, ask yourself if this is the right time and place to address concerns about bullying. Might your worries trigger strong feelings – perhaps from your own experiences – that could discourage your child from opening up to you? You could try discussing what you've noticed with another trusted adult who knows your child well.

3. BE OPEN AND UNDERSTANDING

Try to outline to your child the changes that you've noticed in their body language, appearance, behaviour, or tone of voice – and do so without sounding judgemental. Help them to describe what they're feeling – be it anger, sadness, fear or something else – as accurately as possible. If they say they're "angry", do they mean "enraged" or "frustrated"? This will help them to understand how they're feeling and why.

4. LET THEM SPEAK FREELY

Use open questions and a welcoming tone to encourage your child to talk. Listen closely and summarise what they've said at appropriate points (ideally without interrupting) to demonstrate that you're understanding clearly. Bullying may have undermined your child's sense of control, and they may fear that you'll judge them, overreact or impose consequences – so this conversation can reassure them being honest with you was the right decision.

5. CALL A TIME OUT

A conversation about bullying could leave both you and your child feeling distressed. It's important to recognise this and pause at suitable moments to calm down. Take deep breaths, enjoy a hot drink or even have a cathartic cry. This can reinforce trust, while also helping you both feel that you have control over the situation and the emotions that you're feeling.

6. STAY INFORMED

Make sure you know your child's school's definition of, response to and relevant contacts for bullying. This information should be in their anti-bullying policy, which ought to be available on the school's website. Class teachers or form tutors are usually the first point of contact, though there may be dedicated support teams or key workers to help your child, depending on the specific situation.

7. PREP YOUR CHILD FOR THE RESPONSE

Schools' responses to bullying vary depending on whether they're resolving disagreements and arguments, or addressing unintended verbal or physical harm and so on. It's important to work out with your child whether any harm was intentional, how much control they had over the situation and how often such incidents have occurred. Reporting concerns accurately will get the best outcome for your child more quickly.

8. SUMMARISE YOUR CHILD'S EXPERIENCE

When you contact the school, make sure you've precisely described what your child experienced: what happened; when, where; and who was involved. This will help the school to investigate further, identifying any witnesses, as well as those who were directly involved. It can also help the school to know how your child is feeling and how they'd like the matter to be resolved.

9. LIAISE WITH THE SCHOOL

Any school has a duty to ensure that the members of its community feel safe and included. It's important for children to learn their rale in this. The school must determine how best to restore these feelings of safety and respect. It's often best for schools to keep parents and carers informed of any action taken – and for families to avoid taking matters into their own hands.

10. CHECK IN FREQUENTLY

Once the issue has been resolved and the bullying behaviour has stopped, your child may still feel anxious and might find it difficult to rebuild relationships or develop new ones. Parents, carers and the school should all keep an eye on how the child is feeling and acting over the following months. Any relevant information should be shared, so that further support can be planned if necessary.

Meet Our Expert

Bob Basley is the Director of Anti-Bullying Quality Mark-UK, which challenges and supports schools to develop sustainable whole-school approaches to prevent bullying, including working with parents and carers. More than 80 schools in England and Wales currently hold the quality mark.





The National College

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