Charing CE Primary School Weekly Newsletter Friday 22nd March 2024

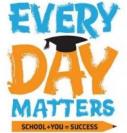




Email: office@charing.kent.sch.uk
Website: www.charingschool.org.uk

Facebook: https://www.facebook.com/CharingPrimary/





Rabbits	Squirrels	Otters	Woodpeckers	Badgers	Owls
96%	94%	95%	91%	93%	95%
Whole School –		Year to date –		Target –	
94%		93%		96%	

Dear Parents and Carers,

It finally feels like Spring is here!

As you can imagine I'm going to start with OPAL play! Thank you so much for all the donations of mud kitchen resources, pallets, tyres, toys and odd things like plastic tubing!

Please keep an eye on Facebook as I post regularly about what we need and any updates.

We still need more small plastic toys, animals, Duplo, dinosaurs, farm sets, dolls, etc.

Our den building area has lots of wood and tyres but we still need tarpaulins, nylon sheets and weather proof covers to help build dens.

The children are SO excited about next week and can't wait to get stuck in.

Thursday was Downs Syndrome Awareness day. It was great to see so many children, staff and parents, getting involved and wearing odd socks. Even a visiting Aquila school improvement advisor came wearing some very funny non matching cat socks! If you didn't see this on our Facebook page, one of our parents felt moved to write this...

It would not have escaped many people that if the school is celebrating Down Syndrome Day today is because one of its members, a pupil, and my daughter, has Trisomy 21 (Down Syndrome). I was truly moved this morning seeing so many odd and colourful socks. So I wanted to thank all the school for joining in this day.

Those of you who understand the anxiety and the struggles of raising a child with so called 'special needs' will know the depth of feeling that goes in that thank you. The world does not always appreciate the beauty of people who do not conform to standards, to average, to typical, to 'normal'. So moments like this make you feel like swimming amongst the stars.

And so I would like you to recognise that the odd and colourful socks today are not just for one person, they are for all with additional needs, or needs which are not typical or average. For those who are just quaint or quirky and, in being so, add flavour to life. For everybody who has felt as a square peg trying to fit, or being made to fit, into a round hole. Because the beauty of one cannot truly be appreciated until we see the beauty of all. We see you, we are in awe of you.

Let's carve holes, not people.

We are noticing lots of children wearing non-school uniform items such as branded trousers, leggings or joggers. Patterned legging are also not allowed for PE. If you don't have your PE jumper or hoodie for whatever reason, please wear your school jumper or a plain blue alternative. Please do not come to school in pink fluffy jumpers or a Liverpool kit! This also applies to jewellery too. Only plain studs are allowed for safety reasons.

Our Easter service is in the church, starting at 9.15am. We look forward to seeing you there. Don't forget there are no teacher led after school clubs, football or rugby next week except for our Afterschool Club.

Unfortunately, there have been reports of parents smoking immediately outside the school gates this week, meaning that children have had to walk through smoke in order to get into school. We have had an increasing number of complaints about this. Please be considerate to others who do not wish themselves or their children exposed to second hand smoke inhalation.

Finally..... if your child hasn't brought in their wellies yet, please do so by Monday. Only children (and staff!) with wellies will be allowed on the field. Football will also be moving onto the field so please bring suitable footwear and a waterproof jacket next week.

Have a good weekend and we will see you all on Monday for our final four day of this term.

Mrs Ros Golden



INTERNET SAFETY

This week's poster about is <u>Top Tips for Supporting Children who are Experiencing Bullying</u> at the end of the newsletter. Please continue to monitor your child's online behaviour and access. If you need help with a specific app we have not highlighted yet, please talk to Mrs Hammond.



ATTENDANCE



If your child is poorly and unable to come to school, please ensure that you inform the office via telephone or leave a message on our answer phone. Can we please request that all attendance related emails are sent to the following:

Ms. Nimrah Rehman attendance@charing.kent.sch.uk

DROP OFF

Can we please remind parents that school gates shut at **8:55am**. If you arrive late, please drop off your child/ children at the school office.

For safeguarding reasons we do not allow parents/carers to drop off their children to their classes.

MAIN ENTRY

ALL VISITORS
MUST REPORT
TO THE
SCHOOL OFFICE

IMPORTANT

PARENTS EVENING



Don't forget its PARENTS EVENING next week on the 27th of March.

If you haven't yet booked a time slot for your child/ children please log onto the MCAS app to do so.

If you have any difficulty, please do not hesitate to contact the office.



We are now collecting:

Small toys:

- Cars
- Dinosaurs
- Animals

Kitchen utensils:

- Wooden spoons
- Pots
- Pans
- Serving spoons
- Small spades/ trowels
- Baking trays
- Cupcake/ muffin trays

Kitchen equipment:

- Ovens
- Microwave
- Coffee machine

Den Building

- Tarpaulins
- Covers
- Nylon sheets/ camping covers
- Wooden planks
- Decking planks
- Car tyres



Over the Easter holidays the early years team are going to be working hard to get the garden ready for the summer term.



If you are able to, or know anyone, who are able to donate the following please let Miss Goodright or Miss Jones know:



- Fencing
- Fence paint
- Compost
- Plants
- Role play clothes e.g. high vis jackets, ties, bags, shirts (no princess or marvel dressing up type clothing)

We are aware a lot of people are kindly donating to Opal play so please do not feel you need to give to both!

REMINDER

MEDICATION SAFETY

We understand that at times children are unwell and need to stay at home to recover, however please remember that we can administer *prescribed medication*, so if your child is feeling better but needs medicine, this can be brought to the office and managed as necessary. The office would be able to assist is this.



HEALTHY LUNCHES



We promote healthy eating at <u>Charing CE Primary School</u> and would appreciate parents adhering to the healthy eating guidelines as below:

Sweets: Please do not pack sweets or chocolate bars.

Drinks: children under 5 receive free milk with their snacks and water is available for everyone whenever they want to drink. Please do not send in fizzy drinks with your child's packed lunch.

Nut Free: Please be reminded that we are a nut-free school. We have children in school who have potential life-threatening nut- allergies which can be triggered by direct or indirect contact with nuts in the environment. To keep our children safe, we request that parents please find a nut-free alternative. This also includes NUTELLA or any CHOCOLATE spread.

Thank you for your co-operation.



SCHOOL DINNERS -

Dinner Money cost £2.43

Please be reminded school meals are to be paid for in advance. Our caterers will not allow a debt to build and as of next term, any unpaid accounts will result in your child not receiving a meal and you will need to provide a packed lunch.

WRAPAROUND CARE: Both Breakfast and Afterschool club bookings are placed under this tab and payments need to be made when you book your session for your child. *This is done to avoid any payments not made.*

PARENT CONSENT: Please select the options given to update your child's consent.

If payments have been made otherwise and in advance before booking the sessions, please call or email the office to book your child's space. <u>Please be reminded to clear out any</u> outstanding balances under individual accounts of your children.

COLLECTIVE CELEBRATION

Bonnie Tilly Isaac

> Grayson Roman

Fletcher Millie G Lauren (otters)

Alfie

Jesse B

Delilah Hugo

Isabelle Tommy

Albie Noah Oceana

Thea

Reuben

Leah Jack W

Kamyah



Compassion

Amelia

Friendship Forgiveness

Resilience

Hope

(Badgers)

This Week in Worship

In our Worship this week we have been thinking about the events of Holy Week and we will continue this next week. Holy Week is a time when we remember the week before Jesus was crucified up to his Resurrection on Easter Sunday.

We began by considering What kind of a leader the Jews were expecting? We looked at a crown of thorns and a golden crown – we wondered who would wear this crown and who they wore it for? For themselves/for others?

We read one of the gospel accounts: of Palm Sunday, the first day in Holy Week. Jesus was recognised as the Messiah. This procession with palm leaves (symbolising goodness and victory) celebrated Jesus coming as a king, with everyone crying 'Hosanna' ('save now'). For Jews, waving palms was a symbol of rejoicing and part of the Feast of the Passover, a bit like we would wave flags to rejoice at a Royal Wedding/National event.

Yet the donkey Jesus chose to ride on showed that he would be a very different king, a humble Saviour king.

We then thought about when Jesus went into the Temple, was angry and upset; he said 'This is my Father's house and it has been turned into a den of thieves'. The traders were using it as a selling place for their caged animals, and other produce. Jesus was so cross that he overturned tables to show his feelings.

We moved onto the Thursday of Holy Week when our thoughts turn to Holy Thursday when Jesus had the Last Supper with his disciples; Jesus surprised his disciples by washing their feet. After this they ate Supper together. Jesus knew he was going to leave his disciples, and wanted to share this last meal with them, to prepare them for what was going to happen to him. To leave symbols to help them remember this, he broke bread saying this is my body and drank wine which was his blood. These Symbols are still used by Christians today to remember Jesus, in Eucharist/ Communion Services. In Luke's gospel, Jesus tells his disciples to 'do this in remembrance of me'. Jesus took his disciples to the Garden of Gethsemane; his disciples fell asleep - while Jesus prayed to his Father God for strength and courage. Jesus was betrayed and arrested.

We will be remembering these events on Monday morning during our Easter Service in St Peter's Church at 9:15. Dear Father God,



You made my friends and you made me, You made the world for us to see. You love each one of us and long ago, You sent your Son to tell us so. Jesus showed us many things, To love and share and dance and sing. To learn and pray, to help and care, He promised he'd always be there. He died but then came back to life, Let's celebrate for he's alive!

Amen.



Friendship Forgiveness Resilience

Dates for your Diary



Date	Event
	TERM 4
25 th March	Easter Service in the Church. 9:15am
27 th March	Badgers class event 2:30pm – 3:00pm
	Parents Evening 3:30pm - 8:00pm
	TERM 5
2 nd May	Kingswood Representative talk to Parents of Year 4 2:30pm
21 st May	Ducklings and Rabbits Sports Day 9.30am-10.30am
	Owls' Sports Day 2pm-3pm
22 nd May	Woodpeckers and Badgers Sports Day 9.15am-10.30am
22 nd May	Squirrels and Otters Sports Day 1.45pm -3:00pm



AFFOR:) ABLE REFURBISHED BICYCLES

BUY a BIKE

Pick up an affordable refurbished bike at our next bike sale event at Goldwyn School, Ashford (TN23 3BT). Bikes are fully serviced, clean and available in a variety of sizes.

DONATE a BIKE

Bike too small or sitting unloved gathering dust? Donate it to us and we'll find it a good home. If you need a replacement, we'll offer you a 20% discount on a more suitable refurbished bike.

BIKE SALE EVENTS

Goldwyn School, Ashford (TN23 3BT). Saturday
16th March (10.00-13.00).

For more info email: info@CycleCommunity.org





Compassion

Friendship

Forgiveness

Resilience

Hope









Please do come along and share with your friends and family!









£5 per session (1 hour)

(Rescheduled session)

Monday 8th April

Session times:

9:30-1030am/10:50am-11.50am/12:10-1:10pm 1:30-2:30pm/2:50-3:50pm/4:10-5:10pm



Soft Play supplied by Candytan Events

Harper's Cafe, Victoria Park, Jemmett road, Ashford, TN23 4QA
Made with PosterMyWall.com FREE PARKING









Top Tips for Supporting Children Who Are EXPERIENCING BULLYING

In a DfE survey, 36% of parents said that their child had been bullied in the past year, while 29% of secondary school headteachers reported bullying among students. Public Health England states that young people who maintain positive communication with their family were less likely to experience bullying – so it's important that parents, carers and educators know how to talk to children about bullying.

1. WATCH FOR BEHAVIOURAL CHANGES

Children who are experiencing bullying may become quiet, withdrawn, or anxious; however, they may also act on the pain and anger that they're feeling. A shift in attitude towards their existing friends (or not mentioning them any more at all) or alluding to new friendships which seem notably different could also be warning signs. It's important to be alert to such changes and talk to your child about them if they occur.

2. THINK THINGS THROUGH

Before acting, ask yourself if this is the right time and place to address concerns about bullying. Might your worries trigger strong feelings — perhaps from your own experiences — that could discourage your child from opening up to you? You could try discussing what you've noticed with another trusted adult who knows your child well.

3. BE OPEN AND UNDERSTANDING

Try to outline to your child the changes that you've noticed in their body language, appearance, behaviour, or tone of voice – and do so without sounding judgemental. Help them to describe what they're feeling – be it anger, sadness, fear or something else – as accurately as possible. If they say they're "angry", do they mean "enraged" or "frustrated"? This will help them to understand how they're feeling and why.

4. LET THEM SPEAK FREELY

Use open questions and a welcoming tone to encourage your child to talk. Listen closely and summarise what they've soid at appropriate points (ideally without interrupting) to demonstrate that you're understanding clearly. Bullying may have undermined your child's sense of control, and they may fear that you'll judge them, overreact or impose consequences—so this conversation can reassure them being honest with you was the right decision.

5. CALL A TIME OUT

A conversation about bullying could leave both you and your child feeling distressed. It's important to recognise this and pause at suitable moments to calm down. Take deep breaths, enjoy a hot drink or even have a cathartic cry. This can reinforce trust, while also helping you both feel that you have control over the situation and the emotions that you're feeling.

6. STAY INFORMED

Make sure you know your child's school's definition of, response to and relevant contacts for bullying. This information should be in their anti-bullying policy, which ought to be available on the school's website. Class teachers or form tutors are usually the first point of contact, though there may be dedicated support teams or key workers to help your child, depending on the specific situation.

7. PREP YOUR CHILD FOR THE RESPONSE

Schools' responses to bullying vary depending on whether they're resolving disagreements and arguments, or addressing unintended verbal or physical harm and so on. It's important to work out with your child whether any harm was intentional, how much control they had over the situation and how often such incidents have occurred. Reporting concerns accurately will get the best outcome for your child more quickly.

8. SUMMARISE YOUR CHILD'S EXPERIENCE

When you contact the school, make sure you've precisely described what your child experienced; what happened; when; where; and who was involved. This will help the school to investigate further, identifying any witnesses, as well as those who were directly involved. It can also help the school to know how your child is feeling and how they'd like the matter to be resolved.

LIAISE WITH THE SCHOOL

Any school has a duty to ensure that the members of its community feel safe and included. It's important for children to learn their role in this. The school must determine how best to restore these feelings of safety and respect. It's often best for schools to keep parents and carers informed of any action taken – and for families to avoid taking matters into their own hands.

10. CHECK IN FREQUENTLY

Once the issue has been resolved and the bullying behaviour has stopped, your child may still feel anxious and might find it difficult to rebuild relationships or develop new ones. Parents, carers and the school should all keep an eye on how the child is feeling and acting over the following months. Any relevant information should be shared, so that further support can be planned if necessary.

Meet Our Expert

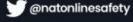
Bob Basley is the Director of Anti-Bullying Quality Mark-UK, which challenges and supports schools to develop sustainable whole-school approaches to prevent bullying, including working with parents and carers. More than 80 schools in England and Wales currently hold the quality mark.





The National College

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