

Charing CE Primary School Weekly Newsletter

Friday 10th January 2025

Telephone: 01233 712277








Email: office@charing.kent.sch.uk

Website: www.charingschool.org.uk

Facebook: <https://www.facebook.com/CharingPrimary/>



Attendance

Rabbits	Squirrels	Otters	Woodpeckers	Foxes	Badgers	Owls
						
88%	97%	97%	85%	99%	90%	97%
Whole School – 94%		Year to date – 92%			Target – 96%	

Dear Parents and Carers,

Happy New Year from all of us at Charing CE Primary School!

Looking back to the end of last term, we would like to extend a huge and very grateful thank you to the PTFA for putting together the Christmas Fair. A lot of work went into organising the event and an amazing £1335 was raised to support the school.

On the very last day of term, we held our Healthy Living Day with great success. We were so proud of our pupils for trying new food and activities and taking on board the importance of keeping fit and healthy. The kitchen made a fabulously tasty lunch. I think the teachers who ran the Zumba and keep fit throughout the day were quite exhausted by the end of Friday! Thank you to everyone who took part and embraced the fun and the message of the day.

It's been a wet, windy, snowy, icy and sunny week to start 2025 back in school. The children have come back to school with their usual enthusiasm for learning, all looking forward to finding out about new books, topic and opportunities this term.

Clubs start next week, and with such a range this term we hope you have received an email offering a space in one or more clubs. If you still would like your child to attend a club, please contact the school office, as we do have a few spaces left.

Compassion

Friendship

Forgiveness

Resilience

Hope

I would also like to thank the PTFA for the new music player for Opal Play, which arrived today. There was great excitement on the playground, enthusiastic dancing and finally music to go with the dance routines some of our pupils have been creating.

Please continue to send your children into school with coats and appropriate outdoor clothes for this time of year. It's amazing how many coats get accidentally left inside when it's freezing outside!

It seems incredible to think when we are de-icing our cars and wrapping up warm, there are people being made homeless due to wild fires in California. Our thoughts go out to those who are suffering.

Keep safe and have a good weekend.

Mrs Ros Golden



Choir and Art club will carry on as normal till the end of Term 4.

Parents should have received a message this week about all other club placements for Term 3 and 4.



This week in Worship

The theme for this term's Worship is the life of Jesus. This week's focus was on the visit of the Wise men to Mary and Joseph. Monday was the day when Christians celebrate Epiphany; this is when the Christian church remembers the wise men coming to visit Jesus. The word 'Epiphany' comes from Greek and means 'manifestation'. It celebrates 'the revelation of God in his Son as human in Jesus Christ'. Our Bible passage was Matthew 2: 1-12.

The Wise men came from lands far away from Bethlehem, they did not worship the God of the Israelites, yet God chose them to bring special gifts to Jesus. Their journey took many weeks as they followed the Star. This visit has an important message for us; God sent his son Jesus to Earth for everyone, not just the Israelites.

We considered the giving of gifts to people, linking it to Christmas day when we received gifts. When Jesus was still a baby, he was visited by some very special people, who brought him some unusual gifts. I wonder how Mary and Joseph felt when the Wise men arrived and presented Jesus with Gold, Frankincense and Myrrh. The gifts were symbolic of the importance of Jesus' birth: the gold representing his message of love; frankincense the joy he brought when prayers were answered and myrrh, an ointment which healed wounds, symbolised his message of Peace which would heal divisions between people. We agreed that these were unusual gifts.

We then moved on to the danger that Mary and Joseph were facing, as King Herod in his fury, wanted to get rid of all the baby boys in his Kingdom.

Joseph was warned of the dangers so they left Bethlehem quickly; Mary and Joseph knew they had to escape to Egypt, where they became refugees. (Matthew 2: 13- 16)



Dear Father God

*May your light shine our way
As once it guided the Magi;
That we too may be led
Into your presence and worship you:
The Child of Mary,
The Word of the Father,
The King of nations,
The Saviour of mankind:
To whom be glory for ever.*

Amen.



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COLLECTIVE CELEBRATION

Margaret

John

Emilia

Lena-Maria

Ivy-Rose

Nevella

Ellie D

Margot

Bear

Joey

Bae

Tia

Jack K

Sherrilee

Harry H



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Meet Our Mental Health First Aiders



Mrs. Hebbes
(Mon- Fri)



Mrs. Alexander
(Thru- Fri)

Hello we are Mrs Hebbes and Mrs Alexander, your mental health first aiders. Mrs Hebbes is here Monday to Friday and works within Ducklings preschool. Mrs Alexander works Thursday and Friday as a teaching assistant in Badgers.

We are here to support the children, staff and families of Charing School. If you would ever like to speak to us, feel we can offer support to yourself or someone in your family, please come and find us on the playground or let the office know and we can arrange a time.

SEND SURGERY DROP-IN

*Do you have a question about your child's needs
or a concern about a Special Education Need?*

Pop in to talk to Mrs Hammond at the

SEN surgery drop-in.

No appointment needed.



Upcoming Dates

Friday	17th January	1:30-3:00
Tuesday	28th January	9:00-10:30
Wednesday	12th February	1:30-3:00
Friday	28th February	1:30-3:00
Wednesday	12th March	9:00-10:30
Easter Coffee Afternoon	Wednesday 2nd April	2:00-3:00

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IMPORTANT ANNOUNCEMENT

INTERNET SAFETY

This week's poster about **is 10 TOP TIPS FOR PARENTS & EDUCATORS: SUPPORTING CHILDREN TO RETURN TO ROUTINE**. Please continue to monitor your child's online behaviour and access. If you need help with a specific app we have not highlighted yet, please talk to Mrs Hammond.



ATTENDANCE



If your child is poorly and unable to come to school, please ensure that you inform the office via telephone or leave a message on our answer phone. Can we please request that all attendance related emails are sent to the following:

Ms. Nimrah Rehman
attendance@charing.kent.sch.uk

DROP OFF

Can we please remind parents that school gates shut at **8:55am**. If you arrive late, please drop off your child/ children at the school office.

For safeguarding reasons we do not allow parents/carers to drop off their children to their classes.

MAIN ENTRY

**ALL VISITORS
MUST REPORT
TO THE
SCHOOL OFFICE**



We would politely ask all parents/carers to park sensibly when dropping and while picking children off at school.

Please be considerate that the school setting is within a neighbourhood area so please be mindful of village residents and **do not park on business and private properties.**

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10 Top Tips for Parents and Educators

SUPPORTING CHILDREN TO RETURN TO ROUTINE

Most of us look forward to the school holidays as an opportunity to slow down and relax, stay up later, sleep in and generally approach life in a more leisurely fashion. However, this does mean that returning to normal school-day routines can feel like an uphill battle. Here are some practical tips to ease that transition, reduce stress and set children up for success.

1 START SMALL AND EARLY

Begin reintroducing elements of the school routine at least a few days before term starts. Gradually adjust bedtime, wake-up times and mealtimes to be more in line with school-day rhythms. Small changes can make a big difference in avoiding last-minute panic and helping children to readjust smoothly.

2 REVISIT THE SCHEDULE

Involve your child in mapping out their daily routine so they understand what's going to change. Visual tools like charts or calendars can help keeping to that schedule feel more engaging. When children understand and anticipate their personal timetable, they feel more secure and in control.

3 CREATE A SLEEP PLAN

Sleep can present one of the biggest challenges, as children can sometimes become night owls, prone to staying up late during the holidays. Limit screen time before bed and encourage winding-down activities like reading or listening to calming music. A restful night's sleep improves focus, mood and overall wellbeing, making mornings much smoother.

4 ENCOURAGE FRIENDSHIPS

Help your child to reconnect with school friends by organising playdates, catch-ups or arranging to go to after-school clubs. Re-establishing social bonds can make the return to school more exciting and less intimidating, allowing youngsters to focus on the positive aspects of the new term.

5 GRANT RESPONSIBILITY

Give children control over some aspects of the morning routine. Maybe they could be in charge of waking everyone up, serving breakfast or choosing the radio station that everyone listens to while getting ready. Something that gives them a sense of ownership over their morning schedule can help them view the task as one they've chosen to do, rather than being told to do it.

6 FOCUS ON NUTRITION

Make sure children are receiving balanced meals (with regular healthy snacks to boost energy and concentration), putting them in the best possible state to return to education. A nutritious breakfast is particularly crucial for a positive start to the day. Involve children in meal planning to make it enjoyable and collaborative.

7 COMMUNICATE OPENLY

Talk with your child about how they're feeling about returning to school: whether they're excited, anxious or a mix of both. Validating their emotions helps them feel supported and understood. Try asking them about the things they're looking forward to at school, such as seeing their friends again. Focusing on the positives can be useful for children struggling with change.

8 RECONNECT WITH LEARNING

Ease children back into a learning mindset by incorporating fun, educational activities into their home life. Reading a favourite book, playing games that involve maths or discussing an interesting topic can gently reawaken their focus and prime their minds to learn, which can have helpful impacts on their academic performance.

9 PREP TOGETHER

Turn preparation into a shared activity, to shoulder the responsibility together and provide support where needed. Pack school bags, lay out uniforms and plan lunch the night before. This not only reduces early morning stress but also gives children a sense of ownership over being ready for school.

10 BE PATIENT AND FLEXIBLE

Transitions take time, and every child adjusts differently: so, it's important to stay calm and supportive, especially if they're reacting adversely to the change in their daily life. Be ready to tweak routines as needed, and work with the child to make the return to education as easy as possible for them. Patience can go a long way to setting a positive tone for the new school year.

Meet Our Expert

Becky Dawson is an education expert with a focus on mental health and wellbeing. Passionate about empowering adults who spend time with and care for young people, Becky specialises in creating practical strategies that promote wellbeing and resilience in children during life's transitions.



#WakeUpWednesday®

The National College®

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/supporting-children-to-return-to-routine>

REMINDER

MEDICATION SAFETY

We understand that at times children are unwell and need to stay at home to recover, however please remember that we can administer *prescribed medication (IF REQUIRED)*, so if your child is feeling better but needs medicine, this can be brought to the office and managed as necessary. The office would be able to assist in



HEALTHY LUNCHES



We promote healthy eating at Charing CE Primary School and would appreciate parents adhering to the healthy eating guidelines as below:

Sweets: Please do not pack sweets or chocolate bars.

Drinks: children under 5 receive free milk with their snacks and water is available for everyone whenever they want to drink. Please do not send in fizzy drinks with your child's packed lunch.

Nut Free: Please be reminded that we are a nut-free school. We have children in school who have potential life-threatening nut- allergies which can be triggered by direct or indirect contact with nuts in the environment. To keep our children safe, we request that parents please find a nut-free alternative. This also includes NUTELLA or any CHOCOLATE spread.
Thank you for your co-operation.



SCHOOL DINNERS –

Dinner Money cost £2.43

Please be reminded school meals are to be paid for in advance. Our caterers will not allow a debt to build and as of next term, any unpaid accounts will result in your child not receiving a meal and you will need to provide a packed lunch.

WRAPAROUND CARE: Both Breakfast and Afterschool club bookings are placed under this tab and payments need to be made when you book your session for your child. *This is done to avoid any payments not made.*

PARENT CONSENT: Please select the options given to update your child's consent.

If payments have been made otherwise and in advance before booking the sessions, please call or email the office to book your child's space. ***Please be reminded to clear out any outstanding balances under individual accounts of your children.***

Compassion

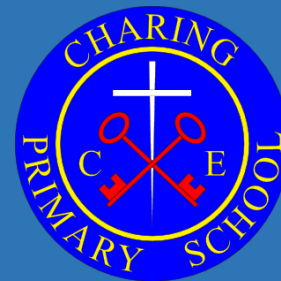
Friendship

Forgiveness

Resilience

Hope

Dates for your Diary



Date	Event
TERM 3	
6 th March	Dance Workshop * The PTFA are kindly funding part of this payment. <u>Please see MCAS (the school app) for the small contribution needed to attend the workshop.</u> This is listed under Products.
7 th March	World Book Day- details to follow



ALL DAY BREAKFAST!!

THURSDAY 16TH
JANUARY 2025

BREAKFAST ITEMS

Chipolata Sausage - Meat
Or Veggie
Omelette
Mini Hash Browns
Baked Beans
Slice Of Homemade Bread

DESSERT BREAKFAST

Chocolate & Banana Oaty
Square
or
Yoghurt
Or
Fresh Fruit



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Little Land
adventures for little hair

Little Love Valentine's Tea

FRIDAY 14TH FEBRUARY

COME AND ENJOY A PLAY SESSION AND AFTERNOON TEA WITH SOMEONE YOU LOVE. INCLUDES VALENTINE CARD CRAFT MAKING AT YOUR TABLE.

SESSION TIME: 11AM - 1PM

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2nd session 12:30 - 2pm

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