








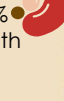








WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option One	NEW BBQ Sausage Pasta with Garlic Bread 	NEW Curried Chicken With Rice (Chicken Biryani) 	Roast Chicken, Stuffing, Roast Potatoes and Gravy 	Beef Lasagne with Garlic Bread 	Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce
Option Two	Autumn Vegetable Lasagne With Garlic Bread	Veggie Burger in a Bun with Potato Wedges	Vegetarian Wellington with Roast Potatoes and Gravy	Potato & Courgette Layer Bake	Cheese and Bean Pasty with Chips and Tomato Sauce
Vegetables	Green Beans & Sweetcorn	Vegetable Medley	Carrots & Swede	Sweetcorn & Pepper Mix	Baked Beans & Peas 
Dessert	Cheese and Crackers	NEW Apple Crumb Cake with Custard	Fruit Medley 	Syrup Sponge With Custard	Jelly With Mandarins

WEEK TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option One	Classic Cheese and Tomato Pizza With Tomato Pasta 	Spaghetti Bolognese 	 CHICKEN SHACK BBQ Chicken or Quorn with Seasoned Potatoes and Sweetcorn Salsa 	Meatballs in Tomato Sauce with Rice 	Fishfingers with Chips & Tomato Sauce
Option Two	Mild Mexican Chilli with Rice 	Vegan Spaghetti Bolognese 		Creamy Chickpea and Coconut Curry with Rice 	Cheese Whirl with Chips and Tomato Sauce
Vegetables	Sweetcorn & Peas	Carrots & Broccoli	Sweetcorn & Peas	Vegetable Medley	Baked Beans & Peas 
Dessert	NEW Gingerbread Cookie 	Chocolate and Beetroot Brownie with Chocolate Sauce	Fruit Salad 	Sticky Toffee Apple Crumble with Custard 	Vanilla Shortbread

WEEK THREE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option One	Macaroni Cheese 	NEW Chicken 50% Enchilada Bake with Paprika Wedges 	Sausage with Roast Potatoes and Gravy	 Mild Caribbean Chicken with Golden Rice	Fishfingers with Chips & Tomato Sauce
Option Two	NEW Chefs Special Lentil Curry with Rice 	Tomato Pasta 	Veggie Sausage and Roast Potatoes and Gravy 	Caribbean Stew with Golden Rice 	Red Pepper Frittata with Chips & Tomato Sauce
Vegetables	Peas & Green Beans	Vegetable Medley	Carrots & Cabbage	Sweetcorn & Green Beans	Baked Beans & Peas
Dessert	Oaty Cookie 	Fruit Crumble with Custard 	Fruit Salad 	NEW Jamaican Ginger Cake with Custard	Cornflake Tart

MENU KEY



Available Daily: - Freshly cooked jacket potatoes with a choice of fillings – Freshly Baked Bread- Daily salad selection – Fresh Fruit and Yoghurt

ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.