



# Physical Education Intent

*Living and learning with faith, friendship and fun*

*Our inclusive school is a place of creative learning where all talents are developed, celebrated and enjoyed. We nurture all to be curious, passionate and resilient lifelong learners. As a community, we listen to, forgive and love one another so all can be confident in who they are. Inspired by Jesus we walk beside each individual in our family by understanding and responding to their unique needs. We have hope in all our children that they grow to be open, compassionate people of the world who stand up for what is right.*

**Compassion Friendship Forgiveness Resilience Hope**



### **Intent**

Charing CE Primary School believes that Physical Education, experienced in a safe and supportive environment, is essential to ensure children develop their physical literacy and have a strong understanding of health and wellbeing.

We intend to deliver high-quality teaching and learning opportunities that inspire all children to reach their potential in PESSPA. We want our pupils to engage in lessons that are enjoyable, challenging and accessible to all. Our lessons aim to teach children key knowledge, skills and vocabulary and apply this information in a range of PESSPA activities.

### **Implementation**

The KS1 and KS2 children are taught twice a week by teaching staff following the National Curriculum guidance. Our children in Reception have a formal PE lesson once a week that gives opportunities for the children to work towards their Early Learning Goals. Our PE curriculum is further enhanced by the children taking part in a variety of different school sport and physical activity events. In addition, teaching staff supervise physical activities at lunchtime through OPAL play, including; football, multi-skills, OAA etc.

We follow the guidelines set out by the National Curriculum to ensure we offer various PE activities to challenge every child, as well as giving every child opportunities to progress further. We also utilise our PE specialist to support all staff to deliver high quality physical education lessons and increase the confidence and competence of staff to achieve this.

### **Impact**

By the end of each key stage, the children are expected to know, apply and understand the matters, skills and processes specified in the relevant programme of study. At Charing, we use a combination of summative and formative assessment to determine children's understanding and inform teachers planning.

Across the school, we teach a variety of sports and physical activities from different topics to ensure all skills can be developed. Our topics are adapted each year and are set out with the intention to provide a clear and concise progression through each year group.

**Physical Education**  
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**PE Curriculum 2025-26**

	TERM 1	TERM 2	TERM 3	TERM 4	TERM 5	TERM 6
<b>RECEPTION</b>	Fundamentals <i>(Witches &amp; Wizards)</i>	Gymnastics <i>(Animals)</i>	Games <i>(Transport)</i>	Net & Wall <i>(Plants &amp; Growing)</i>	Ball Skills <i>(Minibeasts)</i>	Dance <i>(Under the Sea)</i>
<b>YEAR 1 &amp; 2</b>	Ball Skills	Gymnastics	Dance	Net & Wall	Striking & Fielding	Yoga & Fitness
	Fundamentals	Invasion	Target	Sending & Receiving	Athletics	OAA and Team Building
<b>YEAR 3 &amp; 4</b>	Tag Rugby	Gymnastics	Dance	Tennis	Cricket	Swimming
	Basketball	Football	Netball	Hockey	Athletics	OAA and Team Building
<b>YEAR 5 &amp; 6</b>	Tag Rugby	Gymnastics	Dance	Tennis	Swimming	Cricket
	Basketball	Football	Netball	Hockey	Athletics	OAA and Team Building